

Entre Nous

JUNIOR LEAGUE OF GREATER COVINGTON



JLGC DAZZLES AT PALLETS WITH A PURPOSE

THE DECEMBER 2023 ISSUE

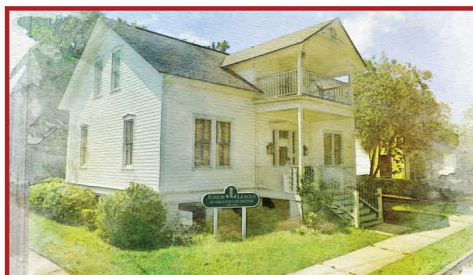
Holiday Greetings!

There is power in being a force for good. Despite the challenges facing our communities locally and abroad, the goodwill nonprofits do, like the Junior League of Greater Covington, directly impacts our community through deliberate action and programs created to be a positive influence in the lives of those we serve.

Over twenty years ago, the leadership of JLGC began the monumental task of finding permanent space to establish our headquarters. This undertaking wasn't without its own difficulties. Concerns for cost, maintenance, ownership, and location were understandably debated by the membership. Yet, it was through the future-focused perseverance of the JLGC Community Vice President at the time, **Sue Osbon, PhD** that a building was eventually attained. Through Dr. Osbon's tenacity, careful research, and unwavering determination, the JLGC headquarters, Dogwood Cottage, became a reality in its present form in 2004. And just as the ink was drying on the building deed for the new headquarters, Dogwood Cottage would subsequently sustain damage by Hurricane Katrina within that same year. Yet to this day, Dogwood Cottage remains undeterred in the face of crises and natural disasters, much like the strength of our members. Standing tall nearly 20 years later at the corner of Columbia Street in Downtown Covington, the JLGC headquarters, Dogwood Cottage, became a reality in its present form in 2004.

And just as the ink was drying on the building deed for the new headquarters, Dogwood Cottage would subsequently sustain damage by Hurricane Katrina within that same year. Yet to this day, Dogwood Cottage remains undeterred in the face of crises and natural disasters, much like the strength of our members. Standing tall nearly 20 years later at the corner of Columbia Street in Downtown Covington, the JLGC headquarters is a symbol of women's leadership, inspiration, and community change in west St. Tammany,

Therefore, it is with much excitement that I share on the eve of Dogwood Cottage's 20th Anniversary, through the considerable financial planning and astute decision-making of our past women leaders, that the 2023-2024 Board of Directors will make JLGC's final mortgage payment on our headquarters!



Support the legacy of JLGC and 20th Anniversary of Dogwood Cottage by giving a tax-deductible donation to this year's Dogwood Cottage Fund.

Scan the QR code for more information!



Moreover, JLGC members from all decades will gather together on December 2, 2023 to celebrate Dr. Sue Osbon as the 2023 Sustainer of the Year.

Through the visionary leadership of Dr. Osbon and the Board of Directors of the early 2000s, JLGC members today have examples of transformative actions and decisions we make as a League. No matter how great or small these actions have been, the decisions made by our predecessors and team today have influenced our members, future women leaders, our organization, and the greater community.

As we reflect on the year that was this holiday season, be proud of the little ripple in southeast Louisiana that is the Junior League of Greater Covington. It's through our little ripple of progress and change, like we see in the example of our Sustainer of the Year, Dr. Sue Osbon, that JLGC alongside 294 Junior Leagues across the globe, are a tidal wave of compassion, collaboration, and charity within the world. Be ever proud — our Mission thrives as a Junior League movement 122 years strong!

On behalf of the 2023-2024 Board of Directors, I wish you and your loved ones good health, peace, and togetherness in the New Year ahead.

Merry Christmas & Happy Holidays,

Carpe Diem,
Amy A. Puerto, J.D.



All Members Invited

RTD Shifts Avail!

SUSTAINER OF THE YEAR

Holiday Brunch

DECEMBER | POTLUCK | PRESENTATION | HONORING

2 | **11 AM** | **12 PM**

2023 Sustainer of the Year
Dr. Sue Osbon, PhD

RSVP & Event Location detailed in Digital Cheetah, Email, & Sustainer Evite

Upcoming League Meetings
Check Digital Cheetah for updates

Provisional Holiday Party
Saturday, Dec. 9
Abita Cafe
Abita Springs

January GMM
Monday, Jan. 22
Dogwood Cottage

Provisional Meeting
Monday, Jan. 29
Dogwood Cottage

Meet our JLGC 2023 Sustainer of the Year

Dr. Sue Osbon is an entrepreneur and owner of Osbon Properties and earned a PhD in Psychology. Dr. Osbon joined Junior League of Greater Covington in 1999 and served as the Board Community Vice President and the Board Headquarters Facilitator. An alumna of Leadership St. Tammany, Dr. Osbon currently serves on the boards of the St. Tammany Parish Hospital Board of Commissioners, St. Tammany Parish Commission on Cultural Affairs, and Safe Haven Executive Committee.

Sudden Impact

DIAM Collects 134 Coats for James Samaritan Children

More than 100 children in foster care with James Samaritan will be cozy and warm this winter thanks to JLGC members who donated coats at the November Done in a Meeting!



Julie Wondergem, Executive Director, James Samaritan, attended the meeting and thanked the group. "Your volunteering and donations keep us going," she said.

Thank you to **Jennifer Rush**, Sudden Impact Chair, for leading this project!

Attention Sudden Impact Volunteers:

Missed attendance within 5 days of the event will incur a fine unless volunteers can recruit someone to replace them.

If you must cancel and within 5 days of the event, please contact the Sudden Impact Chair at

suddenimpact@jlgc.net

November OWL Award Recipient: **Kelly Bernard**

This year Kelly Bernard, a first-year Active, took on the leadership of Project Prom Chair.

Kelly has shown exceptional leadership skills as she and her committee work to bring their vision to life and grow Project Prom to reach as many girls in need as possible.

Join us in congratulating Kelly and stay tuned for more ways you can help support Project Prom this year!



JLGC Book Club

Thursday, Jan 18, 6p

Dogwood Cottage

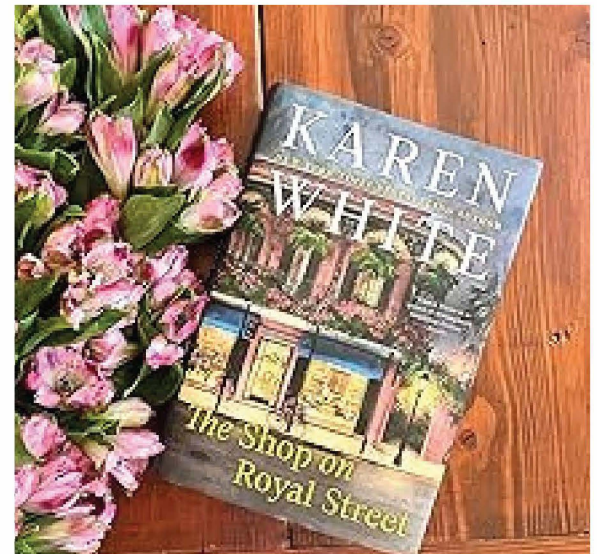
Potluck: Bring a Dish!

Sign up in Digital Cheetah

Book: *The Shop on Royal Street*

by Karen White

*JLGC Sustainers invite **all members** to join our new Book Club! Potluck meetings will be held the third Thursday of the month, 6-8p at Dogwood Cottage. All members are invited to participate!*



Attention all **ACTIVE** and **PROVISIONAL** members!

REMINDER: Fall Fundraising Obligations are due Dec. 31, 2023!

This annual \$75 fall fundraising obligation helps support our league programs and projects. Square invoices were emailed; but if you need it resent/texted, please email treasurer@jlgc.net. To avoid the credit card fees, please mail or drop off a check to Dogwood Cottage, 529 N. Columbia St, or hand deliver to Treasurer, **Tiffany VanHazebroeck**, at the Dec. 2 SOTY Brunch.



Benefits the mission, projects, & programs of JLGC

Save the Date!

Wednesday, December 6, 2023
4 pm - 8 pm



Mercedes-Benz
of Covington

VIP Tickets are sold out, but you can shop with us for free and we will have champagne and cocktails available for purchase.

Get VIP tickets today at givebutter.com/sugarplummarket

We have a 50/50 cash raffle drawing at \$10 per ticket and a gift raffle for a David Yurman bracelet valued at \$1800 for only \$25 per ticket!



Ask your friends and family to buy raffle tickets! JLGC members can earn volunteer hours for selling bracelet raffle & 50/50 tickets:

- 5 tickets=1 fund hour
 - Up to 10 tickets =2 fund hours
- *Max of 2 hours for each raffle

Get raffle tickets today at givebutter.com/sugarplum

Volunteer spots open in Digital Cheetah!
We will need load-in, load-out, traffic directors, vendor liaison assistants, and floaters.

Thank You to Our Sponsors



Our Vendors

Amanda Habeeb
 Bliss clothing + home
 BUCKSHOT APPAREL
 The BUZZ
 CHARMINGLY SOUTHERN
 dp children's apparel & gifts
 Endlessly Linked
 Fusion
 THE GALLERY CHICK
 GILDED GRACE
 Golden Lily
 Happy Eye
 My Hometown Baby
 Jan Brown Collections
 JOSIE
 KENDRA SCOTT
 KISMET
 LANYARD Lovelinks
 nimi's closet
 THE NECTAR
 Organically Wicked CANDLES & TINGZ
 PS
 Rugged Chic HOME DECOR
 ROLLY ROASTED NUTS
 Sach CLOTHING BAR
 SIMPLY Chic BOUTIQUE
 SJS WARES BOUTIQUE
 Sweet Baton Rouge
 SYN
 joy soiree
 The Artful Pour
 Karen Van Zandt Art
 Susan Lange Designs

Project Prom



JLGC Project Prom committee is excited to announce a **NEW VENUE** for 2024 Project Prom! The Greenwood (A Southern Hotel Property), formerly Vintage Court, will be the new glamorous location. Sponsorships are available at Givebutter.com/projectprom

Event Sponsor \$2,000 (1 available)

Includes name under Project Project Prom logo as "sponsored by" on all media; logo placement at main entrance of The Greenwood; sponsor recognition on website, social media and local radio spot; and 2 GA tickets to 2025 Carnival Couture

Prom Queen/King Sponsor \$1,000 (1 available)

Includes logo/name placement at ballroom entrance; sponsor recognition on website, social media and local radio spot

Welcome Sponsor \$500 (1 available)

Includes logo/name placement at check-in table; sponsor recognition on website and social media

Dress Rack Sponsor \$200 (8 available)

Includes logo/name on a dress rack; website & social media recognition

Dressing Room Sponsor \$150 (8 available)

Includes logo/name on a dressing room; website & social media recognition

Lighted Mirror Sponsor \$100 (4 available)

Includes logo/name on a mirror; website & social media recognition

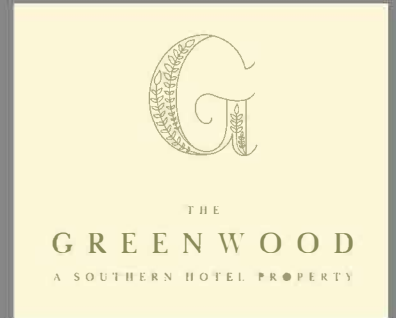


December 3rd Dogwood Cottage

Get your new
cocktail, holiday, or
Mardi Gras dresses
for
\$25
and help support
Project Prom!

SAVE THE DATE

PROJECT PROM
Sunday, March 3, 2024



Volunteer Ops

With the new location, the League needs all hands on deck...

From moving dresses from the Dogwood Attic to Greenwood and more!

Watch Digital Cheetah for opportunities and registration.



TICKETS ARE NOW AVAILABLE!

Carnival Couture continues to seek sponsors and JLGC models.
carnivalcouture@jlgc.net

VIP Tables are sold out! But there are a select few general admission seats available. Act fast! This event will sell out!

Get tickets today at givebutter.com/carnivalcouture

Thank you to our sponsors!



Thank you to our in-kind donors!



Thank you to our participating boutiques!





Be Healthy. Be Happy. Be You! JLGC Celebrating 20th Girls Health Day at Lakeview Hospital

Mark your calendars for a can't-miss health event for girls on Saturday, April 13, 2024.

Since 2005, the women leaders of the Junior League of Greater Covington have hosted Girls Health Day to empower girls ages 8-14 years old to 'Be Healthy. Be Happy. Be You!' The Junior League of Greater Covington continues to promote, grow, and prioritize this internationally recognized event celebrating it's 20th Girls Health Day in 2024. Once again, JLGC is thrilled to be partnering with Lakeview Hospital LCMC Health for this highly anticipated event.

Junior League President, Amy Puerto, states, "Junior Leaguers can recall the challenges and pressures we or our daughters faced in an ever-changing world as girls. Therefore, our members are committed advocates to providing accessible resources in health and wellness for the next generation. Girls Health Day equips girls in our community and their guardians with the knowledge and ability to understand and positively cope with the adversities faced today from self-esteem, puberty, and technology. We look forward to all girls and their guardians joining us on April 13, 2024 for this fun, interactive, and inclusive day of health and wellness."

FYI

Interested in participating in Girls Health Day as an attendee or Sponsor?

Starting in January, pre-registration for girls, Sponsorship, Vendor, and Speaker Packets will be available at www.jlgc.net

Joy Scott Delivers Message of Unstoppable Hope at November's Friendsgiving

Our Training and Development Team delivered a meaningful and memorable Friendsgiving this year, with author and speaker, Joy Scott, sharing her message of gratitude and hope.

Joy has overcome devastating obstacles in life, including the loss of her first-born son to cancer, but says we can unlock our hearts to flow again - no matter what we've been through.

"We can reframe our pain in life," she said. "Negative thoughts will circle your mind and lie to you until you put a stop to them."

To let our hearts FLOW, Joy says we must:

Filter our Hearts

Filters remove unwanted materials. We can do this through journaling, meditation and prayer.

Love

To grow and heal, we need to receive and give love. Allow others to love you. Love yourself

Order our Thoughts

"We have 60 thousand thoughts every day," Joy said, "80% of them are negative. 95% are not new." We have to stop recycling negative thoughts.

Willing Confession

The key to freedom, Joy says, is gratitude and true forgiveness.



Joy Scott (right) shared how the power of gratitude changes our lives in her Friendsgiving address, brought to us by our Training and Development Committee, Susan Lenoir, chair (left).

Training Two Cents



Presented monthly by JLGC Training & Development Committee

Seasonal Affective Disorder, or SAD, is type of depression. It happens during certain seasons of the year - most often fall or winter. It is thought that shorter days and less daylight may trigger a chemical change in the brain leading to symptoms of depression.

Seasonal Affective Disorder usually starts during adulthood. The risk increases with age, it is rare in people under age 20, and women are affected more often than men. For more information, please visit Johns Hopkins site

[Here For More Info](#)

Symptoms Include

- Increased sleep & daytime drowsiness
- Loss of interest and pleasure in activities formerly enjoyed
- Irritability and anxiety
- Feelings of guilt and hopelessness
- Fatigue, or low energy level
- Decreased sex drive
- Decreased ability to concentrate
- Trouble thinking clearly
- Increased appetite, especially for sweets and carbohydrates
- Weight gain
- Physical problems, such as headaches

Provisional Class Makes Project Plans

The Provisional Class met Nov. 27 at Dogwood Cottage to move forward with its Provisional Project.

Last month, the class elected the Samaritan Center as the beneficiary of its work. This month, the women considered the various Samaritan Center programs that would be the focus of the project and will submit them to the board for approval.

The Provisional Class followed the Junior League nominations process to elect a project chair and co-chair.

The class unanimously elected Hannah Varnado as Project Chair and Kirstin Valerio as Co-chair.

Provisional Class Chair Misty Levy reminds all Provisional members to respond to the placements survey to select their project spots.



Hannah Varnado (left) and Kirstin Valerio (right) will serve as Provisional Project Chair and Co-Chair.

League Birthdays

DECEMBER

Clair Colvin 2
Brandon Simon-Daivs 3
Sheila Dugger 5
Cindy Kemp 7
Kristin Valerio 7
Camille Walther 8
Cody Gonzalez Gannon 11
Rebecca Birkett 16
Cecily Bateman 18
Leighanne Weeks 19

Marcelle Almeida 20
Christina Crane 21
Kathleen Ward 22
Amy Heintz 23



JANUARY

Bonnie Laurent 1
Jennifer Jeanfreau 2
Chelsea Santangelo 5
Ann Habisreitering Barre 6
Polly Burrall 13
Sonia Gutierrez 13
Grace Loup 16
Jennifer Gardner 17
Kimberly Brechtel 19
Heather Rietschel 22
Brittany Tanner 31



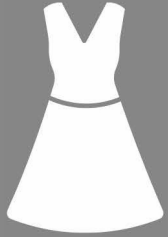
Holiday Brunch & Sustainer of the Year

Saturday, Dec 2, 11a- 2p

Location: Details in Digital Cheetah and Member-wide email.

Special Award Presentation to 2023 SOTY, Dr. Sue Osbon

*Counts as December GMM! RTD Shifts Available.



Internal Short Dress Sale

Sunday, Dec 3, 11a-2p

Dogwood Cottage – Members can bring family or friends, Contact Kelly Bendard for more information.

\$25/dress donation to support Project Prom



Sugar Plum Market

Wednesday, Dec 6, 4-8p

Mercedes Benz of Covington

Free to the public

Volunteer Shifts on Digital Cheetah



Provisional Class Holiday Party

Saturday, Dec 9

Brunch TBD

Abita Cafe, Abita Springs



January GMM

Monday, Jan 22, 6p

Location TBD



Carnival Couture

Friday, Jan 12, 11a

Fleur de Lis Event Center

Select General Admission Tickets Still Available



Book Club: What a Novel Idea



Supporting Girls on the Run!



A cheesy night with JLGC: Charcuterie Class



Sustainer Lunch Bunch

Got Pics?

We want to feature you!

Send photos of your JLGC meetings & events to entrenous@jlgc.net



The Junior League of Greater Covington is an organization of women whose Mission is to advance women's leadership for meaningful community impact through volunteer action, collaboration, and training.